



Practice MCQ For Govt Pharmacist Exam, in this article we will solve, Practice MCQ on Introduction to Human Body, a topic under Human Anatomy and Physiology first semester. Read following article for your reference.

### [Introduction To Human Body](#)

**1. Which term refers to the maintenance of a stable internal environment?**

- A) Metabolism
- B) Homeostasis
- C) Osmosis
- D) Catabolism

**2. The anatomical position is characterized by all of the following except:**

- A) Standing upright
- B) Arms at the sides
- C) Palms facing backward
- D) Feet slightly apart

**3. What is the process by which organisms create energy from food?**

- A) Respiration
- B) Digestion
- C) Excretion
- D) Circulation

**4. Which plane divides the body into right and left parts?**

- A) Sagittal
- B) Transverse
- C) Frontal
- D) Coronal

**5. The building up of complex substances from simpler ones is known as:**

- A) Anabolism

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- B) Catabolism
- C) Metabolism
- D) Homeostasis

**6. Which system is responsible for transporting nutrients, gases, and wastes in the body?**

- A) Nervous
- B) Digestive
- C) Circulatory
- D) Respiratory

**7. The term 'distal' refers to:**

- A) Closer to the point of attachment
- B) Farther from the point of attachment
- C) Closer to the head
- D) Closer to the midline

**8. Which of the following is not a basic life process?**

- A) Reproduction
- B) Secretion
- C) Movement
- D) Photosynthesis

**9. The dorsal body cavity houses which of the following?**

- A) Heart and lungs
- B) Brain and spinal cord
- C) Digestive organs
- D) Urinary bladder

**10. What is the term for the body's ability to generate heat?**

- A) Thermoregulation
- B) Homeostasis

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- C) Metabolism
- D) Radiation

**11. Which organ system includes the skin and its associated structures?**

- A) Muscular
- B) Integumentary
- C) Skeletal
- D) Endocrine

**12. The term 'superior' means:**

- A) Toward the front
- B) Toward the back
- C) Above
- D) Below

**13. The breakdown of food into absorbable units is called:**

- A) Ingestion
- B) Digestion
- C) Absorption
- D) Defecation

**14. Which life process involves the removal of waste products from the body?**

- A) Excretion
- B) Digestion
- C) Respiration
- D) Reproduction

**15. The term 'medial' refers to:**

- A) Away from the midline
- B) Toward the midline
- C) Toward the head

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- D) Toward the feet

**16. The smallest living units of structure and function in the body are:**

- A) Organs
- B) Tissues
- C) Cells
- D) Organ systems

**17. Which body system is responsible for the production of hormones?**

- A) Cardiovascular
- B) Nervous
- C) Endocrine
- D) Respiratory

**18. The term 'posterior' means:**

- A) In front of
- B) Behind
- C) Above
- D) Below

**19. The process by which cells use oxygen to produce energy from food is known as:**

- A) Fermentation
- B) Glycolysis
- C) Cellular respiration
- D) Photosynthesis

**20. The term 'inferior' means:**

- A) Toward the front
- B) Toward the back
- C) Above
- D) Below

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## Answers

1. The term that refers to the maintenance of a stable internal environment is **homeostasis**.
2. The anatomical position is characterized by all of the following except **palms facing backward**.
3. The process by which organisms create energy from food is called **respiration**.
4. The plane that divides the body into right and left parts is the **sagittal plane**.
5. The building up of complex substances from simpler ones is known as **anabolism**.
6. The system responsible for transporting nutrients, gases, and wastes in the body is the **circulatory system**.
7. The term 'distal' refers to being **farther from the point of attachment**.
8. The following is not a basic life process: **photosynthesis**.
9. The dorsal body cavity houses the **brain and spinal cord**.
10. The term for the body's ability to generate heat is **thermoregulation**.
11. The organ system that includes the skin and its associated structures is the **integumentary system**.
12. The term 'superior' means **above**.
13. The breakdown of food into absorbable units is called **digestion**.
14. The life process that involves the removal of waste products from the body is **excretion**.
15. The term 'medial' refers to being **toward the midline**.
16. The smallest living units of structure and function in the body are **cells**.
17. The body system responsible for the production of hormones is the **endocrine system**.
18. The term 'posterior' means **behind**.
19. The process by which cells use oxygen to produce energy from food is known as **cellular respiration**.
20. The term 'inferior' means **below**.



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