

UNIT 2

1. Glycolysis occurs in the:

- a) Nucleus
- b) Cytoplasm
- c) Mitochondria
- d) Endoplasmic reticulum

2. The net gain of ATP molecules from one glucose molecule during glycolysis is:

- a) 0
- b) 2
- c) 4
- d) 6

3. What is the primary function of glycolysis?

- a) Breakdown of glucose into pyruvate
- b) Synthesis of fatty acids
- c) Production of large amounts of ATP
- d) All of the above (depending on oxygen availability)

4. Which molecule acts as the final electron acceptor in anaerobic glycolysis?

- a) Oxygen (O₂)
- b) Pyruvate
- c) NAD⁺
- d) Carbon dioxide (CO₂)

5. Which statement about glycolysis is FALSE?

- a) It is the first step of cellular respiration.
- b) It can occur with or without oxygen.
- c) It produces a small amount of ATP directly.
- d) It prepares pyruvate for further breakdown in the citric acid cycle (aerobic respiration).

6. The citric acid cycle takes place in the:

- a) Cytoplasm
- b) Nucleus
- c) Mitochondria
- d) Golgi apparatus

7. The citric acid cycle produces more ATP than glycolysis. True or False?

- * True
- * False

8. What is the primary function of the citric acid cycle?

- a) Complete breakdown of glucose to CO₂ and H₂O
- b) Generation of a significant amount of ATP through oxidative phosphorylation
- c) Production of pyruvate from glucose
- d) Synthesis of new carbohydrates

9. What are the main products of the citric acid cycle?

- a) ATP, NADH, FADH₂, CO₂, and H₂O

- b) Pyruvate, NAD⁺, FAD, and lactate
- c) Glucose-6-phosphate, ATP, and water
- d) Amino acids, glycerol, and fatty acids

10. Electrons from NADH and FADH₂ are transferred to the electron transport chain in the mitochondria for further ATP production. True or False?

- * True
- * False

11. The pentose phosphate pathway (HMP shunt) is an alternative pathway to glycolysis located in the:

- a) Nucleus
- b) Cytoplasm
- c) Mitochondria
- d) Endoplasmic reticulum

12. The primary function of the HMP shunt is to produce:

- a) Large amounts of ATP
- b) Ribose-5-phosphate for nucleotide synthesis
- c) Pyruvate for the citric acid cycle
- d) Glucose for cellular needs

13. NADPH, a reducing agent important for biosynthesis, is generated in the:

- a) Glycolytic pathway
- b) Citric acid cycle
- c) HMP shunt

d) All of the above

14. Deficiency in the enzyme glucose-6-phosphate dehydrogenase (G6PD) can lead to:

- a) Increased ATP production
- b) Hemolytic anemia due to damage to red blood cells
- c) Enhanced protein synthesis
- d) None of the above

15. Individuals with G6PD deficiency may experience problems with certain medications because G6PD helps protect red blood cells from oxidative stress. True or False?

- * True
- * False

16. Which organ is primarily responsible for glycogen storage?

- a) Muscles only
- b) Liver only
- c) Both muscles and liver
- d) Neither muscles nor liver

17. Glycogen storage diseases (GSDs) are caused by deficiencies in enzymes involved in:

- a) Protein synthesis
- b) DNA replication
- c) Glycogen breakdown or synthesis

d) Lipid metabolism

18. Gluconeogenesis is the process of synthesizing glucose from:

- a) Glycogen
- b) Fatty acids
- c) Amino acids
- d) All of the above (depending on the metabolic state)

19. What is the primary significance of gluconeogenesis?

- a) Breakdown of glucose for energy
- b) Synthesis of glycogen for storage
- c) Maintaining blood glucose levels during fasting
- d) Production of energy for muscle contraction

20. Insulin is a hormone secreted by the pancreas that promotes:

- a) Breakdown of glycogen and release of glucose into the blood
- b) Uptake of glucose by cells and storage as glycogen
- c) Glucagon secretion and gluconeogenesis
- d) Release of fatty acids from adipose tissue

21. Glucagon is a hormone secreted by the pancreas that has the opposite effect of insulin and stimulates:

- a) Glycogen synthesis and glucose storage
- b) Breakdown of glycogen and release of glucose into the blood
- c) Uptake of glucose by cells
- d) Conversion of amino acids into glucose

22. Diabetes mellitus is a chronic condition characterized by:

- a) High blood sugar levels due to insulin deficiency or resistance
- b) Low blood sugar levels
- c) Excessive breakdown of glycogen
- d) Inability to absorb carbohydrates from the gut

23. There are two main types of diabetes mellitus. Type 1 diabetes is caused by:

- a) Normal insulin production but impaired insulin action in cells
- b) Insufficient insulin production due to destruction of pancreatic beta cells
- c) Excessive glucagon secretion
- d) Genetic predisposition and environmental factors (Type 2)

24. Which of the following is NOT a potential complication of chronic hyperglycemia (high blood sugar) in diabetes?

- a) Nerve damage (neuropathy)
- b) Kidney damage (nephropathy)
- c) Eye damage (retinopathy)
- d) Improved wound healing

25. Management of diabetes mellitus may include lifestyle changes, medications, and in some cases, insulin therapy to:

- a) Increase blood sugar levels
- b) Reduce blood sugar levels and maintain good glycemic control
- c) Stimulate glucagon secretion

d) Promote glycogen breakdown

26. The electron transport chain (ETC) is located in the:

- a) Cytoplasm
- b) Nucleus
- c) Inner mitochondrial membrane
- d) Endoplasmic reticulum

27. Electrons from NADH and FADH₂ are passed through a series of protein complexes in the ETC, ultimately leading to the:

- a) Production of ATP directly
- b) Reduction of oxygen to water
- c) Breakdown of glucose
- d) Synthesis of new carbohydrates

28. Each transfer of electrons in the ETC releases energy used to pump protons across the inner mitochondrial membrane, creating a:

- a) Concentration gradient of glucose
- b) Proton gradient (electrochemical gradient)
- c) Gradient of oxygen molecules
- d) Gradient of carbon dioxide

29. The chemiosmotic theory explains how the proton gradient established by the ETC drives the synthesis of ATP by:

- a) Directly transferring electrons to ATP synthase
- b) Using the proton gradient to power ATP synthase

- c) Increasing the concentration of ATP in the mitochondria
- d) Stimulating the breakdown of glucose

30. Inhibitors that target specific protein complexes in the ETC can disrupt the flow of electrons and prevent ATP production. True or False?

- * True
- * False

31. Oxidative phosphorylation refers to the coupled processes of the electron transport chain and:

- a) Glycolysis
- b) Citric acid cycle
- c) Substrate-level phosphorylation
- d) Gluconeogenesis

32. The enzyme ATP synthase in the inner mitochondrial membrane utilizes the proton gradient to:

- a) Generate a voltage gradient
- b) Directly phosphorylate glucose
- c) Transport electrons across the membrane
- d) Phosphorylate ADP to form ATP

33. Chemiosmosis is the mechanism by which the energy stored in the proton gradient is used for ATP synthesis in oxidative phosphorylation. True or False?

- * True
- * False

34. Compared to substrate-level phosphorylation (in glycolysis and the citric acid cycle), oxidative phosphorylation generates a significantly:

- a) Lower amount of ATP
- b) Higher amount of ATP
- c) Identical amount of ATP
- d) Variable amount of ATP depending on the cell type

35. Uncouplers are molecules that disrupt the proton gradient in the mitochondria, leading to:

- a) Increased ATP production
- b) Decreased ATP production and heat generation
- c) Enhanced electron transport
- d) Inhibition of oxidative phosphorylation

36. Substrate-level phosphorylation refers to the direct transfer of a phosphate group from a high-energy molecule to ADP, resulting in ATP production. This occurs in:

- a) The electron transport chain only
- b) Glycolysis and the citric acid cycle
- c) Oxidative phosphorylation only
- d) All of the above (depending on the metabolic pathway)

37. Rotenone is an inhibitor that specifically blocks electron transfer at Complex I of the ETC. True or False?

- * True
- * False

38. Antimycin A inhibits electron transfer at Complex III of the ETC, preventing further ATP production. True or False?

- * True
- * False

39. Cyanide is a potent inhibitor of cellular respiration that disrupts electron transfer at Complex IV (cytochrome c oxidase). True or False?

- * True
- * False

40. 2,4-Dinitrophenol (DNP) is an example of an uncoupler that disrupts the proton gradient, leading to decreased ATP production and increased heat generation. True or False?

- * True
- * False