

- Acids, Bases Theory And pH Scale
- Buffer Solution: Buffer Equation and Buffer Capacity
- <u>Buffered Isotonic Solutions</u>
- Major Extracellular and Intracellular Electrolytes
- Electrolytes Used in Replacement Therapy and ORS
- Dental Products

## 1. Which of the following is NOT a characteristic of a strong acid?

- a) High degree of ionization in water
- b) Low pH
- c) Complete dissociation in water
- d) Slow reaction with water

## 2. Which acid-base theory defines acids as electron acceptors?

- a) Arrhenius
- b) Brønsted-Lowry
- c) Lewis
- d) None of the above

# 3. Calculate the pH of a 0.01 M HCl solution.

- a) 1
- b) 2
- c) 3
- d) 4

## 4. What is the pOH of a solution with a pH of 9?

- a) 3
- b) 4



- c) 5
- d) 6

5. Which of the following is NOT a component of the Henderson-Hasselbalch equation?

- a) pKa
- b) pH
- c) Concentration of the acid
- d) Concentration of the base

### 6. A buffer solution resists changes in pH because:

- a) It contains a high concentration of water.
- b) It contains a high concentration of salt.
- c) It contains a weak acid and its conjugate base.
- d) It contains a strong acid and a strong base.

### 7. What happens to the pH of a buffered solution when a small amount of strong acid is added?

- a) The pH increases significantly.
- b) The pH decreases significantly.
- c) The pH remains relatively constant.
- d) The pH fluctuates wildly.

## 8. Which of the following factors does NOT significantly affect buffer capacity?

- a) Temperature
- b) Concentration of the buffer components
- c) The pKa of the weak acid
- d) The volume of the buffer solution

### 9. Which of the following is NOT a characteristic of an isotonic solution?

- a) Same osmotic pressure as the surrounding cells
- b) Causes cell shrinkage
- c) Maintains cell integrity

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### d) No net movement of water across the cell membrane

### 10. Why is it important to maintain electrolyte balance in the body?

- a) To ensure proper nerve function
- b) To maintain fluid balance
- c) To regulate muscle contractions
- d) All of the above

### 11. Which electrolyte is the most abundant cation in the extracellular fluid?

- a) Sodium
- b) Potassium
- c) Calcium
- d) Magnesium

### 12. Which electrolyte is the most abundant anion in the intracellular fluid?

- a) Chloride
- b) Phosphate
- c) Bicarbonate
- d) Sulfate

### 13. Oral Rehydration Solutions (ORS) are primarily used to treat:

- a) Dehydration due to diarrhea
- b) Hypoglycemia
- c) Hypernatremia
- d) Anemia

### 14. Which of the following is NOT a typical component of an ORS solution?

- a) Glucose
- b) Sodium
- c) Potassium
- d) Calcium



### 15. What is the primary role of fluoride in toothpaste?

- a) To whiten teeth
- b) To prevent tooth decay
- c) To freshen breath
- d) To remove plaque

### 16. Which of the following is NOT a common dental procedure?

- a) Endoscopy
- b) Root canal therapy
- c) Dental implants
- d) Orthodontics

### 17. What is the primary function of saliva?

- a) To aid in digestion
- b) To lubricate food
- c) To protect teeth from decay
- d) All of the above

### 18. Which of the following is NOT a characteristic of a Lewis acid?

- a) Electron donor
- b) Electron acceptor
- c) Can form a coordinate covalent bond
- d) Can accept a lone pair of electrons

### 19. What is the conjugate base of H2CO3 (carbonic acid)?

- a) HCO3- (bicarbonate)
- b) CO2 (carbon dioxide)
- c) H3O+ (hydronium ion)
- d) OH- (hydroxide ion)



# 20. A solution with a pH of 3 is how many times more acidic than a solution with a pH of 5?

- a) 2 times
- b) 5 times
- c) 10 times
- d) 100 times

### 21. Which of the following indicators is commonly used in acid-base titrations?

- a) Litmus paper
- b) Phenolphthalein
- c) Bromothymol blue
- d) All of the above

### 22. What happens to the pH of blood when carbon dioxide levels increase?

- a) pH increases
- b) pH decreases
- c) pH remains unchanged
- d) pH fluctuates unpredictably

## 23. Which organ plays a crucial role in regulating blood pH?

- a) Liver
- b) Lungs
- c) Kidneys
- d) Spleen

### 24. What is the primary cause of metabolic acidosis?

- a) Excessive production of lactic acid
- b) Hyperventilation
- c) Respiratory failure
- d) Excessive vomiting

### 25. What is the primary cause of respiratory alkalosis?



- a) Hypoventilation
- b) Hyperventilation
- c) Kidney failure
- d) Excessive alcohol consumption

# 26. Which of the following is NOT a function of electrolytes in the body?

- a) Maintaining blood pressure
- b) Regulating body temperature
- c) Transmitting nerve impulses
- d) Facilitating muscle contractions

# 27. Which electrolyte is essential for proper muscle and nerve function?

- a) Sodium
- b) Potassium
- c) Calcium
- d) Magnesium

# 28. What is the primary function of dental implants?

- a) To whiten teeth
- b) To replace missing teeth
- c) To prevent cavities
- d) To improve the appearance of teeth

## 29. Which of the following is NOT a type of denture?

- a) Complete denture
- b) Partial denture
- c) Implant-supported denture
- d) Inlay denture

## 30. What is the primary goal of orthodontic treatment?

a) To improve the appearance of teeth

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- b) To improve the function of teeth
- c) To prevent tooth decay
- d) To strengthen tooth enamel

## 31. Which of the following is NOT a type of orthodontic appliance?

- a) Braces
- b) Retainers
- c) Dental implants
- d) Clear aligners

### 32. What is the main difference between clear aligners and traditional braces?

- a) Clear aligners are more visible.
- b) Clear aligners are removable.
- c) Clear aligners are more expensive.
- d) Clear aligners are only suitable for minor corrections.

### 33. Which of the following is NOT a characteristic of a strong base?

- a) High pH
- b) Complete dissociation in water
- c) Low concentration of hydroxide ions
- d) Reacts readily with acids

### 34. Which of the following is an example of a strong acid?

- a) Acetic acid
- b) Hydrochloric acid
- c) Carbonic acid
- d) Lactic acid

### 35. Which of the following is an example of a weak base?

- a) Sodium hydroxide
- b) Ammonia



- c) Potassium hydroxide
- d) Calcium hydroxide

### 36. What is the relationship between pKa and the strength of an acid?

- a) Higher pKa indicates a stronger acid.
- b) Lower pKa indicates a stronger acid.
- c) pKa is not related to acid strength.
- d) pKa is only relevant for strong acids.

## 37. What is the pH of a solution with a hydrogen ion concentration of 1 x 10^-8 M?

- a) 7
- b) 8
- c) 9
- d) 10

### 38. Which of the following is NOT a characteristic of a buffer solution?

- a) Resists changes in pH upon the addition of small amounts of acid or base
- b) Contains a high concentration of a strong acid
- c) Contains a weak acid and its conjugate base
- d) Can help maintain a stable pH in biological systems

## 39. What is the primary function of a buffer solution in the human body?

- a) To regulate blood glucose levels
- b) To maintain blood pressure
- c) To maintain blood pH
- d) To transport oxygen

### 40. Which of the following is NOT a factor that affects the solubility of electrolytes?

- a) Temperature
- b) Pressure
- c) Particle size



### d) Surface area of the solute

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## 41. Which of the following is NOT a factor that affects the solubility of electrolytes?

- a) Temperature
- b) Pressure
- c) pH
- d) Surface area of the solute

#### 42. What is the primary function of electrolytes in nerve impulse transmission?

- a) To provide energy for nerve cells
- b) To maintain the resting membrane potential
- c) To insulate nerve fibers
- d) To increase the speed of nerve impulses

### 43. Which of the following is NOT a common symptom of electrolyte imbalance?

- a) Muscle cramps
- b) Fatigue
- c) Increased appetite
- d) Irregular heartbeat

### 44. What is the primary function of dental floss?

- a) To whiten teeth
- b) To remove plaque from between teeth
- c) To massage the gums
- d) To freshen breath

#### 45. Which of the following is NOT a common ingredient in toothpaste?

- a) Fluoride
- b) Detergent
- c) Abrasive
- d) Sugar



#### 46. What is the primary cause of tooth decay?

- a) Poor oral hygiene
- b) Excessive sugar consumption
- c) Acid erosion from acidic foods and drinks
- d) All of the above

#### 47. What is the role of the tongue in oral health?

- a) To aid in chewing and swallowing
- b) To help distribute saliva
- c) To contribute to speech
- d) All of the above

#### 48. What is the primary function of dental bridges?

- a) To replace a single missing tooth
- b) To replace multiple missing teeth
- c) To improve the appearance of teeth
- d) To prevent tooth decay

### 49. Which of the following is NOT a common complication associated with dental implants?

- a) Infection
- b) Nerve damage
- c) Tooth decay
- d) Gum disease

#### 50. What is the primary goal of orthodontics?

- a) To improve the appearance of teeth
- b) To improve the function of teeth
- c) To prevent tooth decay
- d) To strengthen tooth enamel



# 51. Which of the following is NOT a type of orthodontic appliance?

- a) Braces
- b) Retainers
- c) Dental implants
- d) Clear aligners

### 52. What is the primary function of saliva?

- a) To aid in digestion
- b) To lubricate food
- c) To protect teeth from decay
- d) All of the above

## 53. Which of the following is NOT a characteristic of a strong acid?

- a) High degree of ionization in water
- b) Low pH
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## 54. Which acid-base theory defines acids as electron acceptors?

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- c) Lewis
- d) None of the above

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- b) 2
- c) 3
- d) 4

56. What is the pOH of a solution with a pH of 9?



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- b) 4
- c) 5
- d) 6

## 57. Which of the following is NOT a component of the Henderson-Hasselbalch equation?

- а) рКа
- b) pH
- c) Concentration of the acid
- d) Concentration of the base

## 58. A buffer solution resists changes in pH because:

- a) It contains a high concentration of water.
- b) It contains a high concentration of salt.
- c) It contains a weak acid and its conjugate base.
- d) It contains a strong acid and a strong base.

## 59. What happens to the pH of a buffered solution when a small amount of strong acid is added?

- a) The pH increases significantly.
- b) The pH decreases significantly.
- c) The pH remains relatively constant.
- d) The pH fluctuates wildly.

## 60. Which of the following factors does NOT significantly affect buffer capacity?

- a) Temperature
- b) Concentration of the buffer components
- c) The pKa of the weak acid
- d) The volume of the buffer solution

### Answers



- 1. d) Slow reaction with water
- 2. c) Lewis
- 3. b) 2 (pH = -log[H+]; pH = -log(0.01) = 2)
- 4. c) 5 (pH + pOH = 14; pOH = 14 9 = 5)
- 5. d) Concentration of the base
- 6. c) It contains a weak acid and its conjugate base.
- 7. c) The pH remains relatively constant.
- 8. d) The volume of the buffer solution
- 9. b) Causes cell shrinkage
- 10. d) All of the above
- 11. a) Sodium
- 12. b) Phosphate
- 13. a) Dehydration due to diarrhea
- 14. d) Calcium
- 15. b) To prevent tooth decay
- 16. a) Endoscopy (Endoscopy is a medical procedure to examine the inside of the body)
- 17. d) All of the above
- 18. a) Electron donor
- 19. a) HCO3- (bicarbonate)
- 20. d) 100 times (Each pH unit represents a tenfold difference in hydrogen ion concentration)
- 21. d) All of the above
- 22. b) pH decreases
- 23. c) Kidneys
- 24. a) Excessive production of lactic acid
- 25. b) Hyperventilation
- 26. b) Regulating body temperature
- 27. b) Potassium
- 28. b) To replace missing teeth
- 29. d) Inlay denture (Inlays and onlays are types of dental fillings)
- 30. b) To improve the function of teeth
- 31. c) Dental implants
- 32. b) Clear aligners are removable.
- 33. c) Low concentration of hydroxide ions
- 34. b) Hydrochloric acid

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- 35. b) Ammonia
- 36. b) Lower pKa indicates a stronger acid.
- 37. c) 9 (pH = -log[H+]; pH = -log(1 x 10^-8) = 8)
- 38. b) Contains a high concentration of a strong acid
- 39. c) To maintain blood pH
- 40. d) Surface area of the solute
- 41. d) Surface area of the solute
- 42. b) To maintain the resting membrane potential
- 43. c) Increased appetite
- 44. b) To remove plaque from between teeth
- 45. d) Sugar
- 46. d) All of the above
- 47. d) All of the above
- 48. b) To replace multiple missing teeth
- 49. c) Tooth decay (Dental implants themselves do not decay)
- 50. b) To improve the function of teeth
- 51. c) Dental implants
- 52. d) All of the above
- 53. d) Slow reaction with water
- 54. c) Lewis
- 55. b) 2 (pH = -log[H+]; pH = -log(0.01) = 2)
- 56. c) 5 (pH + pOH = 14; pOH = 14 9 = 5)
- 57. d) Concentration of the base
- 58. c) It contains a weak acid and its conjugate base.
- 59. c) The pH remains relatively constant.
- 60. d) The volume of the buffer solution